

June 2004 Newsletter

http://hbd.org/mbas

From the Editor's Desk

Here's the new June 2004 Newsletter! Please keep the news, articles, and events submissions coming. Proost! Warrew Becker

> **June Meeting** Wednesday, June 9, 2004 *Our Guest Speaker will be*

Tom Baker

Heavyweight Brewing Company

 ${\ensuremath{\mathsf{A}}}$ New Jersey Microbrewery making BIG beers in small batches.

http://www.heavyweight-brewing.com/

Mugs Ale House, 125 Bedford Avenue (North 10th St.) three blocks north of the Bedford Ave. L-train station). www.mugsalehouse.com

Our web site is back!! http://hbd.org/mbas



May Meeting

By Warren Becker

Unfortunately due to weather delays, our last month's scheduled speaker, Joe Lipa of Merchant du Vin was unable to make our May meeting.*

We were fortunate that our members came through with some terrific homebrews to share. Chris Post, with hand pump and keg in tow, shared some of his session "Lawn Mower" bitter. Chris told members that his 3 week old, 6 gallon batch was made with 8 lbs. of Maris Otter malt and Whitbread Yeast. Using Target Hops (for boil and finish) along with Challenger for the bittering hops, created a refreshing ale. Nice job Chris! Thanks for bringing your keg.

The other homebrew I tried was from past president, Kevin Winn. Kevin's 13% ABV Barleywine was intense. He brewed this 5 month old, 10 gallon batch of super beer with Pale Ale malt, 1 gallon of Canadian Maple Syrup, and Scottish Ale yeast. A smooth, big mouth-feel, delicious barleywine!

Thanks to all those that shared their beer with our MBAS member "We Want Beer" mob.**

*The good news, Joe Lipa will be our September 8th speaker.



** Labor union members in Newark, New Jersey march against Prohibition, carrying signs that read, "We Want Beer," October 31, 1931.



"100 Bottles of Beer on the Wall – Brewing in Brooklyn" By Jennifer Traska Gibson

Did you know that Brooklyn has one of the country's richest brewing traditions and has been home to over 100 breweries since the early 1800's? A new exhibition at the Brooklyn Historical Society called "100 Bottles of Beer on the Wall - Brewing in Brooklyn" presents the story from the earliest waves of German immigration to the present success of the Brooklyn Brewery, a prominent sponsor of the exhibit which runs through October 15th. The Brooklyn Historical Society is located in a beautiful, newly restored brownstone in Brooklyn Heights, easily accessible from several subway lines. The small, two room display tells the tale of Brooklyn's extensive brewing history, from an abundance of small breweries in the 1800's through the dark days of Prohibition to the rise of Trommer's, Rheingold, Schaefer and Piel's and their subsequent decline after World War II, like many regional beers in the U.S. and like much of the manufacturing sector in Brooklyn at that time. The exhibit ends on a hopeful note with a display of Steve Hindy's homebrew equipment and a video loop of Garrett Oliver proclaiming the renaissance of brewing in Brooklyn.

While true beer connoisseurs may not learn anything new about beer or the brewing process, there's a great deal of interesting historical information in the exhibit and the old ads and memorabilia should inspire lots of nostalgia. If you're still thirsty for more Brooklyn history, spend a little extra time and check out the "Brooklyn Works" exhibition on the ground floor which describes the history of employment in Brooklyn, with some additional information about beer manufacturing and the great breweries of Brooklyn's past. If you still haven't quenched your thirst for knowledge, the brochure that accompanies the brewing exhibition gives a short list of historic Brooklyn pubs, including Teddy's in Williamsburg, P.J. Hanley's in Carroll Gardens and Farrell's in Windsor Terrace, and a recipe for "Hindy's Chocolate Stout," allegedly the inspiration for Brooklyn Black Chocolate Stout. The brochure also suggests a tour of Bushwick to see the former sites of the Wallabout and Otto Huber breweries as well as Evergreen Cemetery, the final resting place of Brooklyn brewers Henry Claus and John F. Trommer.

On Fridays from 6-8PM through August 27th, the Brooklyn Historical Society is also hosting what it's calling a "beer garden" as a tribute to the great beer gardens of Brooklyn's past. Your admission to the exhibits also allows you to listen to the music of family-friendly Brooklyn bands, eat your fill of pretzels and Goldfish crackers, rub elbows with the young professionals of Brooklyn and take advantage of the generosity of the exhibit's sponsor. Brooklyn beers are \$2 a bottle with Brooklyn Pilsner, IPA and Lager all available the night I was there. Don't expect Bohemian Hall – the scene is more like a small after-work crowd of people sitting on the steps with a few tables on the sidewalk, but it's still worth checking out if only for the chance to literally drink in Brooklyn's history.

The Brooklyn Historical Society, <u>www.brooklynhistory.org</u> 128 Pierrepont Street Open Wed, Thurs and Sat 10-5, Fri 10-8 and Sunday 12-5 Admission \$6 (\$4 for students, free for BHS members)



India Pale Ale

By George de Piro Head Brewer, C.H. Evans Brewing Company at the Albany Pump Station George@EvansAle.com

India Pale Ales are fast becoming the most popular style of craft beer in America. The moniker "IPA" is now so ubiquitous that many customers at our brewpub erroneously refer to any kind of pale ale we have as IPA! There is good reason for this fame: not only are modern American IPAs among the world's most flavorful beer styles, their history is just as rich and interesting as their taste.

India Pale Ales were originally brewed in England for export to India at the end of the 18th century. Over the years, the style has evolved and even spawned a subspecies or three. Despite this diversification, beers bearing the moniker IPA still share a couple of commonalities: they tend to be deep gold to medium copper in color and hop character is more assertive than malt.

That is where the similarities end and the confusion starts. Beers labeled "IPA" range from low alcohol content and hop character all the way up to high-strength hop extravaganzas. A brief look at the history of this style will reveal why such disparity now exists. (if this were a cheesy movie, we'd now be seeing the wavy lines indicative of a flashback...)

The late 18th century presented England with several vexing issues. While the upstarts in the North American colonies were certainly worthy of attention, there were two other matters of even greater importance: how to get beer to the colony in India and supply His Majesty's sailors during the voyage.

Even today, beer does not travel well. Motion and heat speed the staling of beers brewed using the most modern techniques and equipment. 250 years ago, it was practically impossible to ship beer long distances and end up with a palatable product at the receiving port.

The trip to India was long and brutal; down the Atlantic through tropical heat, around the Cape of Good Hope, and back north into the tropics. (There was no Suez Canal until 1869, and even then it was still a very long, hot journey.) The first English beers arriving in India, porters from London, were usually sour, flat, and unfit for sale. Sailors on station in warm waters resorted to rum, theoretically diluted with water and flavored with citrus, because beer could not keep.

One idea to provide sailors with beer was to brew on ships using condensed wort extracts, just like some modern home brewers. Unfortunately, the conditions in tropical seas made it difficult to produce palatable beers for the sailors. Some London brewers tried to bottle flat porter and export it to India, hoping that the beer would condition on the journey. This method met little success.

At the end of the 18th century, an enterprising brewer named Hodgson, motivated by the wide-open Indian beer market, solved the problem. He invented a new style of beer, brewing it to a high alcohol level and using more hops than any previous beers. While there is not enough alcohol in any beer to offer serious protection from microorganisms, having more of it will certainly not hurt. The real genius of his recipe is in the hops.

High hop levels can preserve a beer's flavor in two ways: they have a limited ability to protect beer from spoilage by some microorganisms, and, more importantly, their bitterness can mask stale flavors. While the beer arriving in India would certainly have suffered from oxidative staling during the long voyage, it could still taste acceptable because of the masking effect of alcohol and hops.

Hodgson's export beer was a success, and he worked hard to maintain his monopoly on the Indian beer trade. Eventually, other

brewers, notably Bass and Allsop, managed to begin trading their own versions of IPA in India, and some brewers began producing a somewhat more subtle version of IPA for the domestic market. Pale ale was thus born from IPA.

The original English IPAs were strong, very hoppy beers, weighing in at about 7-10% ABV and estimated by modern science to contain an enormous 100 International Bitterness Units (IBU) of isomerized alpha acid (the hop substance that makes beer bitter). Today, some English IPAs are less than 4% ABV! Bass Ale, which declares itself an IPA in small letters on its label, illustrates the general trend of English IPAs toward lower alcohol and hop rates. Even when tasted fresh on cask in its native land, Bass is a relatively subtle brew, with only hints of English hops in the nose and a finish that leans toward bitterness without ever getting too near the edge.

So how is it that modern English IPAs became mere shadows of their ancestors? A big part of the answer can be found within the English beer taxation system. Prior to 1880, brewers paid tax based upon the raw materials they used. The "Free Mash Tun Act" changed this to a system in which tax is paid on wort produced, and the amount of tax paid is dependent on the specific gravity, or "alcohol potential," of the wort. Higher strength worts cost more to make, and were taxed disproportionately more than weak worts, so English brewers began to make weaker beers.

Early American IPAs, from the 19th century, where more like the English originals in that they were both alcoholic and hoppy. The original C.H. Evans Brewing Company of Hudson, NY, brewed an IPA as their flagship. This beer was over 8% alcohol and very well-hopped with local and English hops.

After Prohibition in the U.S., lighter-tasting lagers supplanted ales as the beers of choice for the vast majority of drinkers. A few breweries, such as Ballantine, continued to produce ales, although these were actually quite subtle compared to the rich, flavorful beers of modern America.

The craft brewing revolution gave American beer drinkers something they had not seen since the early years of the 20th century: a variety of beers that actually taste different from each other! People began to realize that there is a universe of beer styles awaiting exploration, and the craft brewers responded by inventing new styles and reintroducing beers lost to history, often with a distinguishing American edge. Thus was a new breed of IPA born!

Most of the IPAs brewed in America today use copious amounts of bold American-grown hops. Popular varieties include Centennial, Challenger, and the citrusy Cascade (which, in my opinion, has become monotonously omnipresent). American IPAs range from about 5% ABV (considered somewhat "lame" by most beer geeks) to monster beers over 10% ABV. Bitterness levels share a similarly broad range, with the highest IBU beers testing the limits of how much isomerized alpha acid can actually dissolve in wort!

Most of these IPAs are dry-hopped, like their English ancestors were. This means that an extra dose of hops is added to the young

beer after fermentation. This adds no bitterness to the brew, but imparts a farm-fresh hop aroma that erudite drinkers expect from the style.

The following homebrew recipe will yield an IPA of about 7.5% ABV and 60 IBUs. Humans cannot really discern bitterness differences much beyond 60 IBUs, so to use more hops is sort of a waste. I prefer my IPA around 7% ABV so that I can enjoy two pints if the mood strikes; stronger beers lack utility.

Use the freshest hops you can find, especially for late kettle and dry-hop additions; pellets keep far better than whole flowers or plugs, and will usually yield superior results. Malt, while second to the hops, is critical to a great IPA. You need the balancing sweetness and toasty, caramel flavors to produce a beer that invites a second sip.

India Pale Ale Batch size: 5 gallons Original Gravity: about 1.074

Malts

Pale Ale malt (your favorite brand) 70% Weyermann Light Munich Malt 20% Weyermann Caramunich Type 2 10%

Extract brewers: substitute 10 pounds of your favorite light, dry malt extract for the pale and Munich malts, and steep 1.5 pounds of Caramunich 2 in the brew water.

Hops

Start of boil:

1.34 ounces Horizon at 10% alpha acid (3.8g alpha/5 gallons)

10 minutes from end of boil: 2 ounces Crystal

End of boil: 2 ounces Crystal

Dry hop (post fermentation): 2-4 ounces blend of Crystal and Amarillo

Get Your MBAS Anniversary Club Shirts: \$15.00 each

Malted Barley Appreciation Society 1994-2004



Home Brew News & Competitions:

- June 9: Malted Barley Appreciation Society Meeting, 7:30 p.m. at *Mugs Ale House*, 125 Bedford Avenue (North 10th St., three blocks north of the Bedford Ave. L-train station). This week's guest will be Tom Baker of Heavyweight Brewing, brewer of many fine beers. The Malted Barley Appreciation Society meets at Mugs Ale House at 7:30 on the *Second Wednesday* of each month. Upcoming meeting dates for this year are: July 14, August 11, September 8, October 13, November 10 and December 8.
- June 16: Rockies Brewing Company, *The Blind Tiger Ale House*, 518 Hudson Street (on the corner of West 10th St.). Telephone: (212) 675-3848. Direct from Colorado and new to the New York market, featured beers (subject to change): Mojo IPA, Hazed and Infused, Sweaty Betty Golden Wheat, Never Summer, Goat Shed Bock 25th Anniversary, Planet Porter, Killer Penguin (bottles).
- June 19: Brewtopia Craft Beer Festival, Session I 12.30p - 4.30p + Session II 6p - 10p Metropolitan Pavilion, 125 West 18th Street New York, NY 10011; Single Session Price: \$40 (\$50 at the door) <u>http://www.brewtopiafest.com</u>

